

FEATURE



Stephen Lewis

AIM & Energetic Balancing

BY SIMRAN SINGH

Everything is energy; it is not born, nor does it die... it simply changes form.

Visionary physicist David Bohm, influenced by Einstein and Indian mystic Krishnamurti, called this energy an 'unbroken wholeness.' It has no dimension, no time, space or defining characteristics. As a flowing matrix in which all parts intersect with all other parts, it is eternal and everywhere.

Through the limited perceptions of being in a physical body, we humans believe we are separate from each other and everything else. In doing so, we determine that our body, mind, emotions, and spirit are also distinct from one another. In taking on this belief, we assume healing can only come from outside.

The fact is the only healing is self-healing. 'Within each of us, at the spiritual-energetic level, is an innate, self-organizing principle designed to maintain perfect health. Illness originates with a disharmony or weakness in this organization, which then manifests on the physical level.

Since ancient times, many therapies have come to the surface to assist individuals in their own healing. One of the newest technologies comes from Stephen Lewis, developer of the spiritual technology of the AIM Program of Energetic Balancing.

History

Lewis studied homeopathy, acupuncture, and naturopathy while delving into subtle-energy physics. He also ventured deeply into spiritual teachings ranging from those of Jesus and Buddha to New Thought leaders such as Earnest Holmes and the Fillmores. He found that subtle-energy physics and spiritual principle sprang from the same two foundations: (1) consciousness gives energy material form and (2) the universe is composed of holograms within holograms.

Through extensive study, Lewis found that illness does not begin in the physical realm. Instead, it begins as a disturbance in an individual's energetic frequencies, or vibrations in consciousness on the spiritual plane. Shaped by consciousness, these imbalances emerge on the physical level as what we call a cold, or cancer, or other forms of dis-ease. Keeping one's energetic field in harmony is the key to physical health and well being. More than 45,000 people worldwide are on the AIM program including such notables as Rev. Michael Beckwith, Wayne Dyer, and Courtenay Cox.

In his book *Sanctuary: The Path to Consciousness*, one woman goes through the process described as AIM.

AIM...All Inclusive Method

Lewis does not feel that the trio of healing, spirituality, and consciousness is separate. A healer teaches you how to access your innate healing power, making healing an inside job conducted on the spiritual realm. A shift in consciousness heals on a spiritual level and then manifests on the physical level. He created this shift by using sophisticated computer technology for spiritual purposes.



"The message of the millennium will be that consciousness is the dominant force in our lives, and we're responsible for it, as well as for the manifestations of denial of consciousness."

The Quantum-Consciousness Imprinting Device (QID) conducts energetic balancing, even at a distance, through AIM. A bank of computers sends about 500,000 subtle energy balancing frequencies to metal trays that hold the photographs of AIM participants, which acts as stand-ins for their bodily presence, and energy is transmitted directly to the

participants, no matter where they are at the time. Each person's higher self selects several dozens of the frequencies appropriate to correct his or her energetic imbalance, and self-healing takes place.

Why does it work? Since each piece of a hologram holds the entire hologram, Lewis believes that a person's photograph and physical body are simply different manifestations of the same energy. He says he could use saliva, blood, or hair but photographs are more convenient.

Lewis is used to people being skeptical about using photographs for energetic balancing. He is happy to explain the process but does not debate the issue or try to convince. 'Ultimately, this entire debate is moot, because the proof is in the implementation. You either get it and are ready for it or you don't and are not. Nothing I can say can change that.'

Stephen Lewis...The Interview

Q: How did you come to do this work known as AIM? Did you have the vision of it supporting people to this degree and going global?

Lewis: I am 70 years old and as long as I can remember, I knew healing was our only recourse and resource. As a child, I was a bit of a prodigy and the people I admired most worked in Quantum mechanics. My grandfather was a mathematician and I was a sponge so I soaked everything in. Events in my life led up to a significant moment where this information became realized. I am a steward of this work.

Q: Does everything have a frequency, including disease? And if so, how do you determine the frequency?

Lewis: Everything in the Universe has a unique "footprint". I measure it. There are two contributions I have made to this field. One is figuring out how to measure in units of consciousness and the second is the Rosetta frequency, which allows access of the higher self to choose the frequencies relevant to an individual.

It was in a vision when I was at a point trying to save my own life at a mountain top and it all came, along with how it was to be shared. Things occur as they need to occur. The moment creates it. When I perceived what had to happen is when it all began. There is nothing that cannot be healed. Help is available through this technology, one possibility... short of meeting an Ascended Master. AIM is a miracle that had to occur. I am the custodian of that miracle.

Q: In what period of time does the imbalance become balanced?

Lewis: It depends on how long you have had it. For some it takes a couple of weeks, others may take a few months, and for those that resist bringing it to consciousness...longer. For most, the maximum is two months.

Q: Many people may have difficulty grasping the concept of holographic healing.

Lewis: This is a current term for something that is ancient knowledge. People pray for the well being of a person that needs help. They believe that the prayer is heard and received and they are right. Because the person is connected to them, why not comprehend that the entire universe is connected and we are all one. If everything is energy and all one, then the connection is there.

Q: What is detox and what would one experience?

Lewis: Detox is things buried coming to the surface. Everyone experiences detox. The physical aspect is only one side of a dis-ease. There is an emotional aspect as well. Detox will bring the emotions to the surface. If something existed "X" generations ago and was carried forward. In this case it will not be something you can deal with, other people can't see it, but it is still there. It will assume itself as a physical identity. Detox will allow you to feel the base emotions of it until you can release those emotions.

"All energetic imbalances, both gross and subtle, have, by definition, a spiritual origin."

Q: You are very specific when you say you do not cure disease, you treat energetic imbalances of the body that resonate at the disease frequency.



"No one can heal you but you, and no one can say, 'I'm going to heal you.' Responsibility means being your own guru. We can help you find the way. Any healing, any progress, any hope, and any despair are going to come from you. It is your energy that matters."

Lewis: I am not here to condemn medicine. This is a complement to medicine. The patient's capacity to heal themselves is vitally important. Healing does not stand in opposition to treating.

AIM compels you to focus on exactly what you need to heal in your life on emotional, physical, spiritual, and mental levels. Anything that supports you in raising your consciousness allows you to heal yourself.

Q: How does AIM support a person towards their own healing?

Ultimately you will perceive everything. AIM compels you to heal yourself by bringing things to the surface. Everything has consciousness and when we bring something to conscious awareness; it cannot survive in the body.

Each person perceives differently than another. Men perceive physically rather than emotionally. Women are more emotional. Ultimately in consciousness, you perceive everything. Allowing oneself to reach that state allows the power for self-healing. Consciousness creates the material world.



"You either get it and are ready for it, or you don't and are not. Nothing I can say can change that. In the world of spiritual technology, there is no higher calling than being a messenger. In fact, to be a messenger is the destiny of us all."

Q: What have been the lessons you have learned through your journey with this stewardship?

Lewis: We are brought up with a sense of 'absolute disempowerment'. The idea of me creating myself was completely alien.

We are in full power of creating ourselves and must do that. We must be grateful and remain in that state always. Everyday when I meditate, I focus on how much I have been given.

Q: What wisdom can you share regarding the responsibility of an individual toward their own healing?

Lewis: We have no limitations. To exercise the lack of limitation, we must exercise the knowledge that we must take responsibility for ourselves and avail having been given so much. We are all in this together...we are not separate beings.

Q: Talk about the scholarship options of AIM and how the program gives back to the community.

Lewis: Any autistic person can be on AIM at no cost. Down syndrome is also at no cost. We allow sufferers from 9/11 at no cost.

Q: Any other thoughts you would like to share?

Lewis: Consciousness creates the material world...even your DNA. A lock of hair contains all of your DNA. In embryology, a drop of blood can tell you everything about the fetus. Consciousness creates our reality. For example there was a study of multiple personality patients. One gentleman was a card carrying diabetic. However when his personality switched, everything about his body chemistry changed and he was no longer a diabetic.

In another case, one personality had brown eyes, when the personality switched, the eyes changed color. Eye color is created by consciousness. It is all part of the hologram.

Special Note:

March 2008, Stephen Lewis was elected to the Transformational leadership Council founded by Jack Canfield, *Chicken Soup Series* author. TLC is a group of some of the most influential leaders in personal and spiritual development, many of whom appeared in *The Secret*.



To find out more about AIM: www.energeticmatrix.com

June 7th Intro to AIM Energetic Balancing 12 PM – 2 PM Free Intro Seminar

Learn more about AIM—BELIEVE Retreat Center, Leesville SC Register: 803.356.1806